#### Guidelines

Good Morning Everyone,

I hope this message finds you all well. This document aims to assist you in registering for our day-to-day activities.

**Step 1**: Choose the activity that interests you or your person you support.

**Step 2:** Print and complete the attached form following the guidelines provided in the accompanying documents.

**Step 3:** Submit the form ahead of the deadline by dropping it off at the Community Options Office, situated at the Main AIMHI Office – 950 Kerry Street.

For example, if you plan to schedule three people for the Dec 7 Saturday Social, kindly fill out the form, sign the Parent/Guardian/Caregiver section at the end, and deliver it to the Community Options office at the Main AiMHi Office (950 Kerry Street) any time before the specified deadline of Nov 30<sup>th</sup>.

If you require assistance, please inquire for Community Options or Harman at the front desk. Louise will direct you to our office. Should there be no team member available to receive the documents, kindly slide the signed papers under my office door (Community Options – Harman Singh). I'll ensure they promptly reach the intended employee.

**Important Information:** If the person supported/participant is independent, they are welcome to join activities solo. However, if support is needed, we encourage parents/caregivers/guardians to accompany them and participate in the activity

This proactive approach will assist our staff in making thorough preparations, including seating arrangements, activity planning and other necessary logistics.

Your cooperation in this matter is highly appreciated

Warm regards, Community Options Team

#### Saturday Social February 1<sup>st</sup>, 2025 Karaoke



- Drop off 11am at the office and pick up at 3pm at the office
- Please bring lunch with you
- Individuals in the homes must bring their own staff if they need support

### Saturday Social February 8<sup>th</sup>, 2025 Valentine's Bingo



- Drop off at 11am at the office and pick up is at 3pm at the office
- Please bring your lunch
- Individuals from the homes must bring their own staff if they need support

# Saturday Social February 15<sup>th</sup>, 2025 Snowball Games at the office

Sledding with weather permitting



- Drop off at AiMHi at 11am and pick up at 3pm at Spruce land Elementary School
- Please Dress accordingly as we will be sledding, so bring your sled if you have one.
- Hot Chocolate and cookies will be served
- Please Bring your lunch
- Individuals from the homes must bring their own staff if they need support

## Saturday Social February 22<sup>nd</sup>, 2025 Pj Day and Breakfast



- Drop off at 9am at AiMHi and pick up at 1pm at AiMHi
- Please Wear the fun pjs and bring your appetite
- Breakfast will be provided
- Individuals from the homes must bring their own staff if they need support.

### SATURDAY SOCIAL EVENT FORM MONTHLY ATTENDANCE

Name_	
will b	pe joining the Saturday Social for: (Check all that apply)
	Karaoke on February 1 <sup>st</sup> , 2025 (By January 25 <sup>th</sup> , 2025)
	Valentine's Bingo on February 8 <sup>th</sup> , 2025 (By February 1 <sup>st</sup> , 2025)
	Sledding on February 15 <sup>th</sup> , 2025 (By February 8 <sup>th</sup> , 2025)
	PJ Day and Breaky on February $22^{nd}$ , $2025$ (By Feb $15^{th}$ , $2025$ )
Parent/Gu	nardian/Caregiver:
Phone Nui	mber: