



PRINCE GEORGE ASSOCIATION
FOR COMMUNITY LIVING

Stage 2 Recovery - COVID-19

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AiMHi – Stage 2 Recovery COVID – 19

Organizational Practices

AiMHi's goal is to make this next stage of the COVID-19 Pandemic as safe as possible while returning to some of our regular activities. To minimize the risk of transmission and protect the health of the people we support, families, agency employees, home sharing providers and the community.

The Covid-19 pandemic has provided unexpected opportunities for practical growth and evolution of services. There are many new practices that will become part of the future as they have pushed us to be creative and think outside of the box!

AiMHi has completed an assessment of the agency operations in preparation for Stage 2 and will continue to practice the strategies that are known to reduce the likelihood that COVID-19 will be passed from one person to another. These are included in AiMHi's Covid-19 Information and Resource Manual which includes the Respiratory Infection Prevention and Control Plan containing detailed information on these strategies.

Ongoing assessment of the workplace, individualized COVID-19 Plans and our Safety and Prevention measures will continue throughout this pandemic. Your input is important to AiMHi's ongoing assessment of our plan and best practices for the agency.

In getting back to some of the things pre-COVID-19, we need to remain 100% committed to keeping everyone as safe as we possibly can and make the 'new normal' a success. Until there is a vaccine available for everybody, COVID-19 is going to be in B.C. Until then, physical distancing, frequent handwashing and limited contact with others will remain.

This stage will be different for each person depending on their individual level of risk with contracting COVID-19. AiMHi will consider level of risk, the need to support emotional and physical wellness and will support gradually increasing people's participation in leisure and employment activities.

Stage 2 will see people increase their contact with a small and consistent group of friends, family and colleagues to start.

AiMHi's Stage 2 Plan will exceed the recommendations of Provincial Health in some areas as we consider best practice with the overall goal of providing services in the safest possible manner.

Prevention and control of exposure to COVID-19 - AiMHi employees will continue to follow AiMHi's Pandemic Plan and Respiratory Infection Prevention and Control Plan. These plans include detailed information that guide employees to maintain best practices in all departments and will support our work in reducing the exposure and transmission of COVID-19.

Physical distancing - It is everyone's responsibility to monitor physical distancing and remind others if they are too close.

Mask use - Masks will be worn by all AiMHi employees and any visitors where physical distancing is not possible.

If you have symptoms of COVID-19 - **Do NOT** attend work or activities outside of your home.

AiMHi employees, those receiving services and their families that are seeing their children are requested to continue to follow the current Provincial Health recommendations and to remain current with updates and changes in order to make informed choices for themselves, their families and our community.

The 'new normal' is based on principles that apply to every person and every situation. These principles are the foundation of how we need to move forward with our plan and will remain in place in the weeks and months ahead.

These principles include:

- Staying informed, being prepared and following public health advice;
- Practicing good hygiene – hand hygiene, avoid touching your face and respiratory etiquette;
- Staying at home and away from others if you are feeling ill – **not ever** going to work or activities outside of your home;
- Maintaining physical distancing, e.g., no handshakes or hugs, and keeping your number of contacts low and keeping a safe distance;
- Making necessary contacts safer with appropriate controls, e.g., using plexi-glass barriers or redesigning spaces;
- Increasing cleaning and disinfecting of frequently touched surfaces at home and work;
- The use of non-medical masks in situations where physical distancing cannot be maintained, such as in vehicles, on transit or while shopping;
- Employees and any visitors will be educated on the requirements to ensure a reduced chance of transmission through effective physical distancing and other methods.
- Signage indicating requirements for those visiting or working in homes will remain posted in highly visible areas of the department at all times.
- Daily screening – routine and daily symptom screening for all persons supported and employees will continue. Any visitors are also required to complete the screening prior to attending any AiMHi department.
- Enhanced cleaning and disinfecting will continue to remain in place and will be documented and monitored.
- Continuing to reduce personal non-essential travel.

Top of mind for all of us needs to be: fewer faces, smaller groups, shorter time together and bigger spaces. One additional connection makes for a much bigger risk of exposure and transmission.

We will not be going back to the world as we knew it, at least not for a while. Instead, we will need to be both creative and cautious as we safeguard the future.

AiMHi may be required to return quickly to Stage 1 where we have been since the beginning of this pandemic should the need arise. This will be communicated if necessary and employees will be directed to revert to Stage 1 practices.

Communication

This plan will be communicated to employees, people supported, their families and stakeholders via different avenues through the applicable department managers and or directors. The plan will be shared with employees and will form part of their COVID-19 training requirements.

People receiving services and their families will receive information applicable to their services, including changes to expect and ongoing communication will occur as they continue to modify and re-enter services based on their risk level, their comfort level and the particular services they require. Planning will be required and the COVID-19 Risk Assessment and Stage 2 Plan document will guide the level of restrictions that will be in place for each person.

It is important that AiMHi employees share this common message to others who may question some of our expectations in Stage 2. “We have carefully reviewed all of our services and developed plans that we believe will be the best in keeping people safe. COVID-19 and the risks with this virus are still here and we must manage the risks in the most responsible way while balancing Risk vs Harm. The most important thing for us to accomplish is keeping people safe and healthy; physically, emotionally and socially.”

Employees

The health and safety of AiMHi's employees has been considered through the development of AiMHi's Stage 2 Planning. WorkSafeBC requirements have been carefully reviewed and additional safeguards have been implemented where necessary.

Employees are responsible for taking reasonable care to protect their own health and safety and the health and safety of other people at workplace. In the context of COVID-19, this means workers are responsible for their own personal self-care, which includes frequent hand washing and staying home when sick. Employees are also responsible for reporting unsafe conditions to their employer, and following the plans and procedures put in place to control the risks associated with COVID-19.

It is strongly recommended AiMHi employees follow the current recommendations of the Provincial Government. To continue to protect the people we support, our employees, Home Sharing Providers and our community we all have to keep doing our part – at home, in the community and at work.

Guidelines are in place for our organization to ensure your safety and the safety of others. Employees are required to follow these guidelines.

Resources - Continue to follow AiMHi's COVID-19 Information and Resource Manual which includes AiMHi's Respiratory Infection Prevention and Control Plan.

Training - AiMHi Employees are required to complete COVID-19 training on ShareVision. If you have questions or are unclear about something ask your Manager for assistance. Employees will be advised when there is new information they are required to read, understand and implement as guidance is changed to respond to regulatory requirements.

Sick Policy - employees must not come to work if they are symptomatic, required to self-isolate, or have any reason to think that they might be contagious.

Employee Personal Go-Forward Plans - We strongly encourage employees to carefully consider their Personal Stage 2 Go Forward Plan as we know that protecting ourselves is the best way to protect others. Provincial Health Recommendations will be key in developing and modifying your personal plans.

Consider Contacts in All Interactions and Activities - Numbers, intensity (close to distant), frequency (brief to prolonged) and number of contacts (the number of people in one place at one time) in all interactions – these are all factors that will reduce the potential spread. These factors will be considered each time a person plans a new activity or considers increasing their personal contacts.

AiMHi COVID-19 Q & A - This document will continue to provide employees with guidance including Sick procedures, self-isolation requirements, and updated information related to procedures for employees

Out-of-Province Travel - Currently, the Provincial Government has strongly recommended that people do not travel outside of their own communities and stay home. AiMHi recommends employees follow the current Provincial guidance at the time they are considering travel outside of their community. If employees are choosing to travel outside of Northern BC - all are areas where the risk of transmission increases – employees may be requested to self-isolate for the required period of time.

Visitor Logs – Visitors, including managers and directors will document their visits on the visitor log – any employee working in the department will be documented on ComVida – all others must sign in to the visitor log.

Meetings - Minimize in-person meetings – understanding these may be necessary at times, ensure all precautions are implemented and physical distancing is in place, where this is not possible non-medical masks will be worn. All required meetings will continue and the type of meeting – in person or virtual will be at the discretion of the Facilitator who will be accountable to ensure these measures are in place.

Work Scheduling - AiMHi will continue to make every effort to minimize the number of locations an employee works to keep the number of contacts for people as small as possible.

AiMHi's Executive Director's message throughout Stage 1 remains in place during Stage 2, as follow:

"If at any point you feel that the current processes we have put into place in your worksite are not being followed, please alert us and we will assist you! These processes are in place to protect you, and everyone else. Your safety is extremely important to us! Please touch base with your manager if you have questions or concerns. If your manager is unable to assist you, please take your concern immediately to your director. If you don't know who your director is...contact reception and they will help connect you. Not only do we have managers taking calls each weekend, but we also always have a director who will respond to calls as well on weekends and statutory holidays.

We need to hear from you if you have tested positive for COVID-19, or you are experiencing COVID-19 symptoms, or you have been exposed to someone who has – before you head into any location operated by AiMHi! It is critically important that we protect those we serve and employ – especially in homes we operate where many people are especially vulnerable due to medical conditions.

Be assured we will assist you in any way we possibly can right now; you do not need to feel you need to attend work under these conditions.

Wash, Wash, and Wash your hands again – Don't Touch your Face – Stay Home if you are Feeling Sick – and, Disinfect Touch Surfaces Regularly! [Use the Cleaning and Sanitizing Checklist we provided to assist you with these tasks each day – at work, and at home.](#)

As always, if you have questions or concerns, chat with your Manager or Director".



Department Specific Plans

These department specific plans are overarching and intended to guide the various departments in their work during Stage 2. Each department may have further detailed specific plans that will go further in depth into each specific area. The general plans included in the AiMHi Stage 2 Recovery Plan will provide guidance related to safe practices that are currently in place.

AiMHi – 950 Kerry Street

AiMHi has implemented a number of additional measures to reduce the risk of transmission at the Main Office at 950 Kerry Street which will see an increase in the number of people accessing this location.

Office Hours - The Main Office door will remain locked during business hours. Employees have an access key to enter and there are symptom assessment requirements and hand sanitizer stations at every entrance. With everyone checking in at Reception, we are able to get a log going to track how many people are in.

Office Capacity - Office capacity has been determined at **145 people** maximum capacity and measures have been put in place to manage the overall capacity at the office as well as each area. People will be required to sign in and out of the building upon arrival and before departure with reception. Signage will be posted for each meeting room identifying Maximum Capacity – please make note of these and plan accordingly for use of the space.

Physical Barriers - Physical distancing will remain a key part of prevention going forward. There has been plexi-glass installed at reception. Work stations have been reduced, cubicle partitions provide a physical barrier.

Physical Distancing - Physical distancing will be maintained wherever possible. Follow all recommended procedures on signage throughout the office.

Hand Hygiene - Hand sanitizing stations are located throughout the office as well as our washrooms and kitchen for hand washing.

Mask Use - All person's accessing AiMHi's Kerry Street office will wear masks while at the office in shared or public areas, i.e.: hallways, copy room, meeting room, or washrooms. *See - Mask Use at AiMHi*

Doors - Are propped open to reduce contact of high touch surfaces where possible.

Sanitization - Continued sanitization of high touch areas is in place, cleaning supplies are provided for sanitizing the space once you have finished using it (e.g. tables, chairs, equipment, etc.) please follow signage for instructions.

Signage - There are a number of signs throughout the building, identifying requirements for screening prior to entering the building, physical distancing, room capacity and notifying all employees and visitors they are not to enter if they have symptoms of COVID-19. Please take note of them and ask others to do the same, they are there to remind us what we need to do.

Appointments - We are not able to have drop in visitors - people require an appointment. We have an intercom system in place that will connect the person with reception who will advise the employee that their appointment has arrived. The employee will greet the person at the door, complete the appointment and then accompany the person to the main door to finish their appointment. It is important that people are not left unsupervised at the Main Office. Wandering in the building is not permitted.

Group Size - Groups will be kept to a maximum of six (6) people. Exceptions may be considered based on physical distancing, i.e.: availability of appropriate space and purpose.

Groups – Six (6) maximum – there may be exceptions such as meetings where physical distancing is possible. Provision of services will have **no exceptions** to the six (6) maximum.

Meetings – In-Person meetings will be supported within the capacity of the meeting space and where physical distancing is not possible, masks must be worn.

Meeting Rooms - Do not add chairs to rooms; the number of chairs in the space is the maximum capacity. This has been determined based on the size of the room to permit physical distancing.

Moving Items (chairs, tables, desks, etc.) - There have been many changes in the office, printers moved, chairs and tables, desks, etc. Once we move things in the office – it needs to stay there please - do not move it back as it has been moved to mitigate risk and promote safety.

Equipment and common spaces - Covers have been installed on debit machines, fax machines, printers, copiers and keyboards in shared work stations as well as provision of cleaning materials and signage to guide cleaning and sanitization of equipment.

Employee Kitchen - Chairs are removed; there are many other spaces where physical distancing can occur. If people are sitting in the employee kitchen, it makes it difficult for others to access their lunches or coffee/water while still maintaining physical distancing. Please use the other spaces available and just remember to clean up after yourself for the next person using the space.

Utensils, Coffee and Water Dispensers - Employees will need to bring their own utensils and dishes for their own use. Coffee will not be provided due to the frequent touch surface and the water stations will not have fountains but will have no-touch water bottle filler for your access.

No External Deliveries to Homes - Deliveries will continue to be arranged at 950 Kerry Street and disbursed to specific homes/departments from there, per manager arrangements.

Home Sharing - Appointments are required to attend Main Office and need to be made through the Home Sharing Manager or department you are accessing.

CareFree - Will be requested not to drop people off without appointments and will be advised this. The office doors are locked and the worker must be there to meet the person. This needs to be arranged in advance when scheduling appointments.

Human Resources - Employees at high risk of COVID-19 for whatever reason will contact and review their circumstances with their manager. We are doing our best to keep the workplace safe and need to hear from you if you require any different support.

- Systems have been automated wherever possible. (e.g.: payroll, employee scheduling, application process, and employee training requirements)
- Reduce number of people working on location at one time, this will continue to be supported as in Stage 1 wherever possible.

Working Remotely - Individualized plans are in place for departments who have employees working from home. Employees will follow AiMHi's Working Alone Policy as applicable.

Volunteers - Volunteers will not be encouraged during Stage 2. If someone has been seeing a volunteer and it is important to them to connect, this volunteer would become one of their additional contacts in their circle.

Finance - Systems have been automated wherever possible. e.g.: financial invoices and systems. This allows for these processes to be completed while reducing contact frequency.

Snoezelin Room - Will remain closed.

Toy Library - Will remain closed.

Kerry Kitchen - Will remain closed.

Caucus Snack Shop - Will remain closed.

External Groups - No external group users permitted.

Meeting Room Capacities - For your convenience if you need to book a space:

Gathering Place A	8 people
Gathering Place B	7 people
Gathering Place C	7 people
Gathering Place B & C together	16 people
Gathering Place D	4 people
Meeting Room A	2 people
Meeting Room B	2 people

Meeting Room D	3 people
Meeting Room G	4 people
Meeting Room I	4 people
Meeting Room L	2 people
Family Gathering Place	4 people
Craft Room	5 people
Employee Lunch Room	4 people (no chairs)
Manager Room (small)	2 people – 1 sitting, 1 standing
Training Room	7 people (5 + 2 trainers)
Bistro	5 people

AiMHi Services General - Applicable to All Service Areas

During Phase 1 of this pandemic, many people receiving services from AiMHi stayed home. People were supported to follow the Medical Health recommendations and AiMHi will continue to support people to follow those recommendations as they change.

Many people are wanting to return to their regular activities and to experience the things they did prior to COVID-19. AiMHi is anxious to begin planning together with people to ensure they have the services and supports they require moving forward and that those services are delivered in the safest possible manner.

We are working towards a gradual return to services and activities and AiMHi needs to prioritize together with people supported and their families when people will return to some of these activities, when and how they will visit with friends and families and what opportunities in community will they participate in.

For many people we support, returning to the regular activities pre-COVID-19 puts them at too high of risk for exposure and transmission of COVI-19. This is why you will find there are some stricter guidelines in place here at AiMHi than are recommended by Provincial Health.

Goals

There are three (3) main goals for AiMHi's Stage 2 Recovery in providing services to people:

1. **To minimize risk** for those who are at high risk for severe illness from COVID-19; older and/or physically vulnerable adults [e.g. those with chronic conditions]) by continuing Stage 1 approaches as much as possible for now.
2. **To support emotional and physical wellness** of those who are not at high risk for severe illness from COVID-19 (e.g. younger and physically healthy adults) by gradually increasing their participation in employment and leisure activities. This is with a small and consistent group of friends, family, and colleagues to start.
3. **To plan effective and safe return to accessing community** - Ensure that those who are not at high risk for severe illness from COVID-19 that cannot consistently practice physical distancing are supported to access community at times and in ways that keep them and others safe.

General measures to reduce the risk of transmission of COVID-19 in AiMHi Homes and Community Inclusion department's practices throughout Stage 1 will remain in place in Stage 2. These are outlined in AiMHi's Pandemic Plan and Infection Prevention and Control Plan. Refer to AiMHi COVID-19 Resource Manual – all of the guidance is included there.

People will receive services and support in a variety of ways and it will be different than it was pre COVID-19; we need prioritize support based on individual needs and family circumstances.

Consider Contacts in All Interactions and Activities - Consider number of contacts (the number of people in one place at one time) intensity (close to distant), frequency (brief to prolonged) in all interactions – these are all factors that will reduce the potential spread. These factors will be considered each time a person plans a new activity or considers increasing their personal contacts.

Technology Use and Virtual Supports - For many, the use of technology has been very beneficial. AiMHi will continue to offer support to people to stay connected with others through online appointments, Skype and Facebook – look for group training and activities to be delivered in this format and join in. Many are finding this type of learning fun!

Non-Medical Masks are required for employees when physical distancing cannot be maintained. People supported and their families will be encouraged to use non-medical masks when physical distancing cannot be maintained. See – Mask Use at AiMHi.

Transportation – Transportation guidelines will be followed by all AiMHi employees. See transportation at AiMHi for detailed requirements.

AiMHi will continue to modify support where possible to adopt approaches that have proven to be most effective. Service provision will be determined on an individual basis and planned for in the Risk Assessment and Individualized Stage 2 Go Forward Plan for each person served.

Community Inclusion Departments

Infinite Employment Solutions, Life Skills – Adults, Life Skills – Children, Family Support, Infant Development Program, Community Options

During the Phase 1 of this pandemic, many people chose to stay home and did not access services at AiMHi. We are working towards a gradual return to services and AiMHi needs to prioritize together with people supported and their families when people will return to some services.

AiMHi will continue to increase services based on individual and family engagement and the ability to remain within these guidelines. For those who attended largely group activities, this may reduce the amount of service those people will receive compared to pre-COVID-19.

AiMHi has considered how to do this and these are some of the changes that will be in effect during Phase 2.

AiMHi will need to monitor the number of people at the Main Office at any given time to ensure there is sufficient space for physical distancing and most services provided are intended to be provided in the community. There are times when people need to access the office to work on specific goals and this will be through a pre-scheduled appointment.

People will be encouraged to attend services and meet with their support employee in the community or in their home.

Where Services are Delivered - People receiving services will be encouraged to continue meeting in the community, in their own home, and minimally as required at AiMHi's Main Office to participate in skill development, recreational, social, and emotional and employment supports. When planning activities in the community, it will be important to determine the safest activities at a time when the environment you are accessing meets the needs of those you are supporting.

Appointments - Will be required for people and scheduled in advance with their support worker. We must ensure the ability to ensure physical distancing at 950 Kerry Street is maintained.

Flexibility in Service Times - Services will be delivered in the morning, afternoon, evening and weekends to ensure people are able to access community and supports at times where it is easier to maintain physical distancing. Service start times will be staggered when starting from a central location.

Access to 950 Kerry Street - The office doors will remain locked with access limited to those with scheduled appointments. People will not be permitted to attend the office unless they are accompanied by their support worker. There is an intercom system that will connect people with reception who will alert the support worker of their arrival.

Group Activities - Will be minimized and we will keep the number of contacts small - no more than six (6) people (the same group of people will continue to meet to reduce the number of contacts) depending on the individual risk level and ability to follow physical distancing, required hand hygiene and cough etiquette the group numbers will vary from two (2) to a maximum of six (6). This has been identified in Stage 2 Go Forward Plan – who is in this person’s contact bubble?

Contact (bubbles) - This will be a significant area of planning for people supported. The planning of Individual Go-Forward Plans will identify who is important for this person to have contact with. How many people can be in their bubble and who will these people be? We need to remember that not only do the people supported in our homes have their own contacts – they also have to consider the employees coming into their home to support them as well as those employee’s contacts – this is why it is so very important to carefully plan Stage 2 for people supported and ensure all risk mitigation strategies are considered, planned for and followed.

Pairing and Developing Groups - Participant pairing and matching will be facilitated to support appropriate physical distancing and reduce the risk of transmission (same consistent contacts). Consider the steps to reduce risk if out in community as part of a group.

Technology Use and Virtual Supports - For many, the use of technology has been very beneficial. We will continue to offer online appointments, Skype, Facebook, and Zoom – look for group training and activities to be delivered in this format and join in. Many are finding this type of learning fun!

CareFree - CareFree will not be able to drop people off at the office without the support worker available at the door to meet the person for their appointment.

Kerry Kitchen - Will remain closed during Stage 2 – if appointments occur during the lunch hour, people will need to bring a lunch or purchase in community. This will be considered in the Individual Stage 2 Go-Forward Plan.

Caseload Distribution - Wherever possible, employees will work with only those people assigned to their caseload as this reduces the contacts for people we support and our employees.

Office Work for Employees - Employee time in the office will be staggered as required to ensure that physical distancing is possible and the keep the number of people at the office at any given time to a manageable number. Managers will consider creating pods of employees who work together exclusively to minimize the risk of broad transmission throughout the workplace. This can be achieved by scheduling time at the office for the identified groups of employees.

Pre-Screening for All Appointments - Employees will call before each scheduled appointment and follow the screening questions to determine if people are sick. Employees are required to screen themselves prior to reporting to work for symptoms of COVID-19.

If You Are Sick - Employees, families, and people receiving services are not permitted to attend work or services if they are sick.

Returning to Accessing Community - There are many decisions that will need to be made: is the person going to return to accessing community and/or other services? The COVID-19 Risk Assessment and Individualized Stage 2 Go-Forward Plan documents will be used to guide people supported through making those decisions and determining a plan that considers all options in minimizing the risks associated with COVID-19 exposure and transmission.

Individualized COVID-19 Risk Assessment and Stage 2 Planning - Will be completed for each person receiving supports and will guide their level of contact and level of exposure to community. Considerations of Risk Level (those at increased risk of COVID-19 transmission and more severe illness from contracting COVID-19, ability to follow social distancing, tolerance for wearing a mask, following hand hygiene and cough etiquette) as well as individual and family comfort level with the return to services will be made in determining what Stage 2 activity levels are safe for that person.

Monitoring - Managers will monitor the number of employees and people receiving services at 950 Kerry Street and will make adjustments as required to ensure they are safely supporting people and those numbers support our ability to ensure physical distancing is maintained. Use of a ShareVision calendar may be an option to support employees scheduling in office appointments within the identified capacity permissible in the building and meeting spaces.

Department Specific Guidelines – In addition to AiMHi's Stage 2 Recovery Plan - The Manager of each department is required to plan specifically for the needs of their department in the areas identified and will complete the Department Specific Plan with additional details as it pertains to their specific department.

Residential Departments

During the Phase 1 of this pandemic, people were required to stay home as much as possible. We are working towards a gradual return to activities and contact with family and friends. AiMHi will plan together with people supported and their families to determine what changes they will make moving forward into Stage 2.

AiMHi will continue to increase opportunities for people based on their individual circumstances. While the service you provide will look different than it did before COVID-19, we are anxious to plan together with people to ensure they have the opportunity to enjoy some reduced restriction moving forward in the safest possible manner.

- **Changes in Stage 2 Recovery for AiMHi Residential Services** - Stage 2 will see changes to activities and involvement in the community and will require careful and thoughtful planning to achieve the three (3) main goals. The individualized COVID-19 Risk Assessment and Stage 2 Individual Go-Forward Plan will guide the changes in activity levels and next steps for the person receiving services. All other safety and mitigation measures will remain the same as Stage 1.
- **Individualized COVID-19 Risk Assessment and Stage 2 Planning** - Will be completed for each person receiving residential supports and will assess risk level and guide their level of contact and level of exposure to community. Considerations of Risk Level (those at increased risk of COVID-19 transmission and more severe illness from contracting COVID-19, ability to follow social distancing, tolerance for wearing a mask, following hand hygiene and cough etiquette) as well as individual and family comfort level with the return to services will be made in determining what Stage 2 activity levels are safe for that person.
- **Returning to Accessing Community** - There are many decisions that will need to be made. Is the person going to return to accessing community and/or other services? The COVID-19 Risk Assessment and Individualized Stage 2 Go-Forward Plan documents will be used to guide people supported through making those decisions and determining a plan that considers all options in minimizing the risks associated with COVID-19 exposure and transmission.
- **Contact (bubbles)** - This will be a significant area of planning for people supported. The planning of Individual Go-Forward Plans will identify who is important for this person to have contact with. How many people can be in their bubble and who will these people be? We need to remember that not only do the people supported in our homes have their own contacts – they also have to consider the employees coming into their home to support them as well as those employee's contacts – this is why it is so very important to carefully plan Stage 2 for people supported and ensure all risk mitigation strategies are considered, planned for and followed.
- **Visitors** - Visitors in the homes (non-essential) – This is **not permitted** – having additional people into the home increases the risk to having the virus come into and remain in the

home once the visitor leaves. Family and Friends Visitor Guidelines are included in AiMHi Stage 2 Recovery Plan and will be followed. Managers will share this information with families and friends wishing to visit.

- **Department Specific Guidelines** - In addition to AiMHi's Stage 2 Recovery Plan the manager will plan specifically for the needs of their department in the areas required and include department specific details as it pertains to their department as necessary.

Cluster

The Cluster will follow General, Residential and Community Inclusion Guidelines. The support provided in this model contain a variety of different aspects from all three areas.

- **Department Specific Guidelines** - In addition to AiMHi's Stage 2 Recovery Plan the manager will plan specifically for the needs of their department in the areas required and include department specific details as it pertains to their department: e.g. specific plans around visiting the staff office apartment, or other tenant's apartments, support and monitoring of cleaning and sanitizing with specific attention to individual suites.

Home Sharing

What this means for the individuals that live in homes through AiMHi's Home Sharing department is that some disrupted services as a result of COVID-19 (like community inclusion supports, or employment supports) will be starting to provide increased services. Initially those supports might look different from what they did previously. Stage 2 Recovery will be done carefully and only once planning has taken place that protects the health of everyone.

Individualized COVID-19 Risk Assessment and Stage 2 Planning - Will be completed for each person receiving Home Sharing supports and will guide their level of contact and level of exposure to community. Considerations of risk level (those at increased risk of COVID-19 transmission and more severe illness from contracting COVID-19, ability to follow Social distancing, tolerance for wearing a mask, following hand hygiene and cough etiquette) as well as individual and family comfort level with the return to services will be made in determining what Stage 2 activity levels are safe for that person.

Returning to Accessing Community - There are many decisions that will need to be made. Is the person going to return to accessing community and/or other services? The COVID-19 Risk Assessment and Individualized Stage 2 Go-Forward Plan documents will be used to guide people supported through making those decisions and determining a plan that considers all options in minimizing the risks associated with COVID-19 exposure and transmission.

Home Share Monitoring Visits - A plan has been developed to keep the Managers, Home Share Contractors and people supported safe and healthy while allowing for in-person monitoring visits during Phase 2 of the COVID-19 recovery. Reporting required by Home Sharing Providers has been modified to include questions about COVID-19 safety. If there is an increase in the community of positive cases, or the need arises, we will return to our previous Stage 1 plan of phone and virtual visits.

- **Department specific guidelines** - In addition to AiMHi's Stage 2 Recovery Plan the manager of each department are required to plan specifically for any additional needs and include details as it pertains to their department.

MCFD Departments

Children's Life Skills - Will follow Community Inclusion General Department Guidelines.

- **Department Specific Guidelines** – In addition to AiMHi's Stage 2 Recovery Plan the manager of each department is required to plan specifically for any additional needs and include details as it pertains to their department.

Infant Development Program - Will follow Community Inclusion General Department Guidelines.

- **Department Specific Guidelines** - In addition to AiMHi's Stage 2 Recovery Plan the manager of each department is required to plan specifically for any additional needs and include details as it pertains to their department.

MCFD Staffed Residential - Will follow Residential Department Guidelines and will include some specific planning with regards to attending school and family visits with specific involvement and approval from their guardians.

- **Department Specific Guidelines** - In addition to AiMHi's Stage 2 Recovery Plan the manager of each department is required to plan specifically for any additional needs and include details as it pertains to their department.

Children's Residence Respite Services - Will follow Residential Department Guidelines

- **Department Specific Guidelines** – In addition to AiMHi's Stage 2 Recovery Plan, the manager of each department is required to plan specifically for any additional needs and include details as it pertains to their department.
- **Pick Up and Drop Off Times** will be staggered to provide time for the employees to clean and sanitize between different children receiving respite leaving and arriving.
- **Contact (bubbles)** - This will be a significant area of planning for people supported. Organizing services and support into cohorts that enable the same small group to gather, keeping the people within the group the same. This helps to reduce the number of people in the person's "bubble." This will keep the contact numbers smaller and consistent going forward.

- We need to remember that not only do these children and families have their own contacts – they also have to consider the employees coming into their home to support them as well as those employee’s contacts – this is why it is so very important to carefully plan Stage 2 for these children and ensure all risk mitigation strategies are considered, planned for and followed.

Management Team

The Management Team will follow AiMHi’s - Management Team COVID-19 Stage 2 Recovery Guidance. This document includes requirements for monitoring and supervision as well as other parameters for AiMHi’s Direct Care Managers.

- **COVID-19 – Reporting Requirements**
<https://www.communitylivingbc.ca/wp-content/uploads/Critical-Incidents-COVID-19-QA-for-Service-Providers-FINAL.pdf>

Mask Use at AiMHi

There have been many changes to improve safety at AiMHi. The Main Office will implement an extra layer of protection. It **is now required that masks be worn when moving about the building**. This means masks must be worn when in hallways, common areas like the employee kitchen, entry way, copy room, reception area, bistro, etc.

Masks can be removed when in meeting rooms, training sessions and when eating/drinking when physical distancing (2m/6ft separation) can be maintained. Masks can also be removed when in personal work spaces.

If someone struggles to practice physical distancing reliably, they must wear a mask at all times or not visit the Main Office until such time this is achieved in their personal go forward plan.

Masks can be obtained at Reception if you have not already been assigned some or forgot to bring one, or are a visitor and you were not aware of our mask practices.

Wear a Mask - When moving about the building or in a common area.

Take a Mask Off - When in a meeting room or training session where physical distancing (2m/6ft) can be maintained, when in a personal work space, or when eating or drinking.

When Non-Medical Masks are Required

- At the Main Office
- In homes operated by AiMHi
- In vehicles used for transportation with people at AiMHi
- In Community Inclusion Departments when physical distancing is not possible, while working in someone's home or in community.





Transportation at AiMHi – Vehicle Safety Guidelines

Transportation – Vehicle Safety Guidelines will be followed by all AiMHi employees. This includes transportation for employees and person's supported.

When planning for transportation, the safest method will be considered and chosen and identified in the Individual Stage 2 Go-Forward Plan for each person – include both getting to and from appointments and transit required while receiving service.

When public transit is used, how will safety be supported and maintained?

Personal and AiMHi Vehicles - Use of these vehicles will be permitted provided the safety measures required are in place.

- People will sit one (1) person per row and staggered diagonally;
- Masks will be worn by employees;
- Masks will be worn by person supported, family and friends wherever possible - see Mask Use at AiMHi.

VEHICLE SAFETY GUIDELINES



1

PRE VISIT CHECKLIST

Ask Covid-19 questions prior to each visit/meeting, and record in Sharvision in the Covid-19 Safety Checklist



2

WEAR A MASK

Wearing a mask (with some exceptions based on a person's needs)



3

SOCIAL DISTANCING

One person per each vehicle row sitting diagonally



4

SANITIZE VEHICLE

Ensure cleaning of the vehicle after each trip -
Wipe seats, seatbelts, door handles, and steering wheel (cleaning supplies will be provided)



5

OPEN WINDOWS

When possible open windows. This will ensure that natural air flow is occurring.

Family and Friends - Visits to AiMHi Homes



Family and Friend Visits to AiMHi Homes – Stage 2 June, 2020

It will be a while before COVID-19 is behind us (until there's a vaccine). The new normal means following the rules of Provincial Health.

AiMHi's primary goal is to ensure the safety and health of the people we support and their families, our employees and our community.

Finding a new way to do things and limiting visitors will minimize the risk of the introduction of COVID-19 into AiMHi homes which is essential, particularly with those vulnerable to more serious outcomes of this virus which includes those we support here at AiMHi.

AiMHi must take the following measures to protect the people we support and their families, our employees and our community. We understand the challenges this pandemic has presented and recognize the importance of physical, social and emotional health and recognize there needs to be a balance of safety vs risk to meet those needs for people.

The following guidelines will be followed for all Non-Essential Visits to AiMHi Homes

- All visitors will schedule their visit in advance (minimum 1 business day)
- DO NOT visit if you are feeling sick, experiencing symptoms of illness, have tested positive for COVID-19, or have been in direct contact recently with someone who exhibits symptoms of illness or has tested positive for COVID-19
- Visitors must be following the current Public Health recommendations
- Visits will be limited to two (2) visitors
- Visits will be hosted outdoors
- Physical distancing will be required (2 meters or 6 feet apart)
- No hugs or physical contact
- When physical distancing is not possible - a non-medical mask will be required by visitors and person supported (if they can tolerate a mask) and AiMHi employees. See Mask Use at AiMHi.
- Visits will be limited to one hour duration up to two times per week
- All visitors will be documented on visitor log
- To make sure we all stay safe and health, we are asking visitors some questions about their health. It is important we ask these questions of everyone. You will be asked these questions at time of scheduling visit and upon arrival for the visit.

Are you experiencing any of the following symptoms?

Fever	Yes	No
New or worsening cough**	Yes	No
Stuffy or runny nose	Yes	No
Sore throat or painful swallowing	Yes	No
Difficulty breathing	Yes	No
Diarrhea	Yes	No
Nausea and/or vomiting	Yes	No
Fatigue	Yes	No
Muscle aches	Yes	No
Loss of appetite	Yes	No
Chills	Yes	No
Headache	Yes	No
Loss of sense of smell	Yes	No

** Cough that is not due to seasonal allergies or known pre-existing conditions.

1. Have you recently traveled outside of Canada within the last 14 days?

- Yes or No

2. Have you been in close contact with someone who has COVID-19 in the last 14 days?

- Yes or No

3. Have you been in close contact with someone who has COVID-19 symptoms within the last 14 days (cough, sneezing, runny nose, fever sore throat, difficulty breathing, or episodes of vomiting and/or diarrhea)?

- Yes or No

4. Have you been told to self-isolate in accordance with Public Health directives?

- Yes or No

If a person responds **NO** to all questions, they have passed the screening and **CAN** proceed with visit. Remind them to wash their hands and bring a mask to wear while visiting.

If a person answers **YES** to any questions or refuses to answer, they have not passed the screening and **CANNOT** visit. If they have any questions or concerns, they will need to speak with the Manager. Symptoms need to be resolved or self-isolation period ends prior to scheduling another visit.

Symptoms of COVID-19 include fever, cough, difficulty breathing, chills, sore throat, runny nose, sneezing, and diarrhea - learn more at: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/if-you-are-sick>

These screening questions, along with **physical distancing, diligent hand hygiene, frequent disinfecting of touch surfaces** all significantly reduce risk to you, those you are visiting, their roommate's and employees working in our homes.

Be aware that all of our employees engage in a similar routine screening process.

Instructions on how to wear a non-medical mask and physical distancing requirements – signage will be posted in a visible area where visits occur.

It can be expected that people will be asked and reminded to keep their distance; physical distancing is one of the top priorities in avoiding transmitting this virus.

Hand sanitizer will be available for use before, during and when ending the visit in the outdoor visiting area. Employees and people served will wash their hands before and after your visit upon re-entering the home.

No more than five (5) people will be permitted in the area of the visit at one time – to allow for social distancing, i.e.: if an employee joins the visit for any reason.

Visits will be **limited to the person visiting only with their family**, people will not be included in visits with roommate's families – to keep the social connections to a minimum.

If at any point you have **concerns or questions** about the visit, these guidelines or have concerns regarding the health or safety of any person, please contact the manager or the Program Director of that home.

Things we all must follow - Key Principles Going Forward (Provincial Health)

- ✓ Staying informed, being prepared and following public health advice.
- ✓ Practicing good hygiene (hand hygiene, avoid touching face, respiratory etiquette, disinfect frequently touched surfaces).
- ✓ Staying at home and away from others if feeling ill – not going to school/work.
- ✓ Maintaining physical distancing outside the household, e.g. no hand shaking or hugging, small numbers of contacts and keeping a safe distance.
- ✓ Making necessary contact safer with appropriate controls, e.g. Plexiglas barriers, room design.
- ✓ Increasing environmental cleaning at home and work.
- ✓ Considering the use of non-medical masks in situations where physical distancing cannot be maintained, e.g. on transit, shopping.
- ✓ Reducing personal non-essential travel.

Stage 2 COVID-19 Pandemic

Determining Risk Level and Developing Stage 2 Personal Plans

Introduction

As we move slowly into the next phases of the COVID-19 Pandemic and easing restrictions, our approach will continue to focus on slowing the spread of the virus and keeping people safe. We must also consider physical and emotional impacts while recognizing people's need to return to work and resume their daily lives. The extent to which people resume pre-pandemic activities or ease restrictions will be determined through an assessment of their individual and situational risk factors for developing severe illness or complications from COVID-19.

CLBC REQUIRED OUTCOMES

In this work, we will remain guided by the Terms and Conditions and Outcomes set out in Schedule A of our CLBC contracts. We will continue to deliver these outcomes to the people we support. The Stage 2 Personal Plans will strive to meet these outcomes for people within the parameters set by their degree of risk and comfort level.

SCHEDULE A: OUTCOMES - The Service Provider is responsible to align service delivery to further the achievement of the following outcomes:

Emotional Well-Being: People feel safe in their home and community. They have a positive sense of self and trust the people in their lives.

Interpersonal Relations: People have meaningful relationships with family and friends.

Material Well-Being: People have the financial resources to do the things that are important to them.

Personal Development: People pursue their interests, have opportunities for personal growth and skill development, and have access to necessary information and support.

Physical Well-Being: People are physically healthy and active. They have access to the health care they require.

Self-Determination: People make decisions in their lives about things that matter to them.

Social Inclusion: People participate in community life in roles they and society value.

Rights: Individuals have autonomy and their decisions are respected.

Stage 2 Personal Plans

Personal Plans will need to be developed prior to easing restrictions to identify risk levels and mitigate these risks. For many people, Stage 2 will still involve staying home, some, most, or all of the time. Plans will be designed to meet people's needs to the degree their risk level permits.

People receiving services will be supported to assess their own risk and comfort level with making changes, with support to work within public health guidance. At all times, the number of different employees supporting someone will be kept to a minimum when operationally possible.

Risk Levels Defined

There are three (3) different risk levels to consider when determining when and to what degree to resume pre-pandemic activities. For any person where there is uncertainty about the level of risk, the family physician must be consulted. Regardless of the risk level, we must carefully consider activities in stage 2 and include necessary precautions for reducing risk and implement mitigation strategies for any increased activity.

High Risk of Severe Illness - People at high risk for severe illness or complications from COVID-19 due to age and/or underlying health conditions. People who are at high risk for severe illness from COVID-19:

- Those with medical conditions including heart disease, high blood pressure, lung disease, diabetes, and cancer; weakened immune system; and those over 65 years.
- Those between 50 and 65 may also be at heightened risk – recommend a discussion with physician to assess the risk of severe illness from a COVID-19 infection.

People with any of the risk factors listed above are recommended to continue the approaches of the Stage 1 COVID-19 response for now, rather than moving into Stage 2.

High Risk of Exposure and Transmission - People at high risk of exposure to and transmission of COVID-19 because of inability to consistently follow physical distancing requirements and effective hand hygiene.

- People at this level of risk should be planned for in the high risk level but include a support plan to gradually lessen risk through teaching and practicing infection control and physical distancing skill, until these goals are achieved, and then they can progress to a lower risk level and plan.

Lower Risk - People who are younger and physically healthy and are not at high risk of either severe illness from, or exposure to or transmission of COVID-19.

- People at lower risk will be supported emotionally and physically by gradually increasing their participation in employment and leisure activities. This will include a small and consistent group of friends, family, and colleagues to start. These planned “bubbles” of two (2) to six (6) people will be consistent and not change until more guidance from Public Health and CLBC is provided.

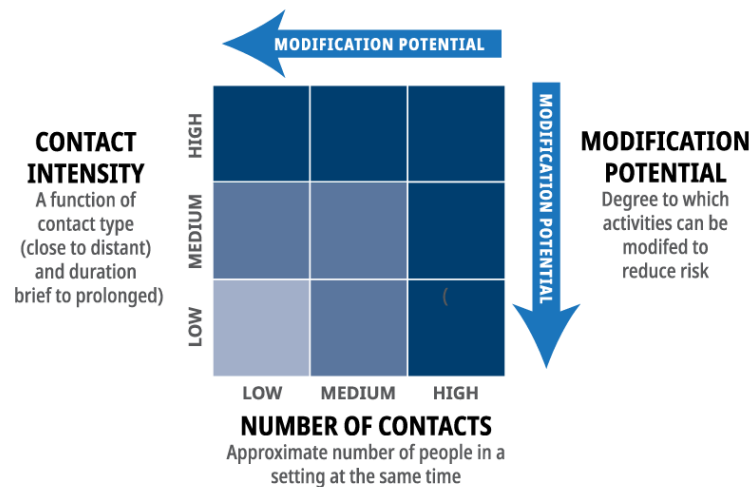
Other Considerations

Once risk level is determined other things to consider when developing Stage 2 Personal Plans may include:

- The health and safety of not just the person, but also their family, caregivers and/or house mates when planning support.
- Strategies to minimize touching of high contact surfaces or coming in close proximity with others.
- Risks of continuing to isolate, i.e.: enhanced conflict, mental health decline, etc., vs. risks of exposure.
- Situations or behaviours that may result in higher risk of exposure and transmission. People who are at high risk of harm to self or others due to behaviour or other complexities, e.g. multiple complex needs.
- People who require personal hygiene care support.
- People who choose not to follow Public Health guidelines aimed at reducing exposure and transmission of COVID-19.
- Strategies for communicating new rules in a manner that is clear, addresses autonomy, and can support people who find the new rules challenging.
- Support delivery in ways and at times that will work best for the person, and that keeps the safety of themselves, their support staff, and community members as priorities.
- Working with a behavioural consultant as necessary.
- For those who are not at high risk for severe illness from COVID-19 who cannot consistently practice physical distancing, they should be supported to access community at times and in ways that keep themselves and others safe.
- Working with the person to ensure they are being monitored/self-monitoring for COVID-19 symptoms regularly.
- Avoiding community settings where physical distancing is not possible, or it is likely that physical distancing would be compromised for the person or members of the community due to the person's support needs.
- BC Health Guidelines regarding recommended number of people in a gathering.
- Organizing services and support into cohorts that enable the same small group to gather, keeping the people within the group the same. This helps to reduce the number of people in the person's "bubble."
- Utilizing outdoor spaces where physical distancing is possible. Outside is always safer than inside.
- Continuing to deliver services remotely where people have a desire to remain remote.
- If people or families are fearful about returning to services, how they can be supported to feel more comfortable.
- Continuing to focus on lifestyle measures to decrease stress, support good nutrition, encourage regular exercise, adequate sleep, support maintenance of social relationships, provide meaningful activities, implement relaxation techniques, foster fun and laughter.

Individual Risk Level Assessment

Name: _____ Date: _____



Determining Risk Matrix – to be used to determine risk level for reducing risks and determining activities and schedule outside of the home.

The following questions will help determine the risk level and degree to which pre-pandemic activities can resume.

- Does the person have underlying medical conditions, e.g.: cardiac, diabetes, chronic respiratory illnesses, compromised immune systems etc.?
 - Yes or No
- Is the person considered older, i.e.: 60+ and especially into late 70s+?
 - Yes or No
- Is the person considered to be prematurely aging?
 - Yes or No
- Does this person live with, or are they supported by any vulnerable people?
 - Yes or No
- Does this person require personal care requiring prolonged, close contact with support staff?
 - Yes or No

If answered **yes** to **any of these questions** – this person is considered **high risk** and should be planned for accordingly.

If answered **no** to **all questions above** but the person has a diminished ability to understand or comply with infection control, preventative health measures and/or physical distancing.

- Can this person be supported to adapt to the changes?
 - Yes or No

- Are you able to prompt and support this person to comply with infection control measures?
 - Yes or No
- Does this person understand the importance of and practice effective hand hygiene?
 - Yes or No
- Does this person have challenges understanding and practicing physical distancing but has shown signs of learning?
 - Yes or No
- Does this person have concerns with mental health and/or emotional wellbeing that are further complicated by the changes and stress associated with staying home to stay safe?
 - Yes or No
- Does this person and/or their family have concerns associated with returning to services in Stage 2?
 - Yes or No

If answered **yes to any of the above** questions – this person may be able to work towards increased contact and pre-pandemic activity. However, they should be considered **high risk** and their plan should include strategies to support them in learning and complying with infection control measures. Once they have demonstrated that they can achieve these requirements they can move to a lower risk level and their plan will be updated accordingly.

Individual's ability to maintain increased isolation due to their risk level?

- Will this person experience increased risk associated with **NOT** adjusting services in Stage 2, e.g. emotional and mental health?
 - Yes or No

If you answered **yes** this person may be considered **high risk** but will need to implement measures in their plan that will minimize the chances they will experience increased risk with **NOT** adjusting and returning to services. How will they increase their mitigation strategies to adjust services and minimize the chance of contracting COVID-19 will need to be included in their plan.

Risk Level Identified for Individual Planning Purposes - _____

High Risk of Severe Illness - There is no ability to reduce these risks.

Identified Risk Factors and Comments

High Risk of Exposure and Transmission

- Include strategies to support learning and complying with infection control measures to move to a lower risk.
- Include measures to maintain activities and services as to minimize the impact on emotional and mental health.
- Include measures in their plan that will minimize the chances they will experience increased risk with NOT adjusting services.

Identified Risk Factors and Comments

Lower Risk - People at lower risk will be supported emotionally and physically by gradually increasing their participation in employment and leisure activities. This will include a small and consistent group of friends, family, and colleagues to start. These planned “bubbles” of two to six (2-6) people will be consistent and not change until more guidance from Public Health and CLBC is provided.

Identified Risk Factors and Comments

Any Additional Risk Factors to Consider for this Person?

Identified Risk Factors and Comments

Now that you have identified Risk Level, develop Stage 2 Personal Plan.

Stage 2 Personal Plan Template

To develop this plan involve the person, their significant others and staff to decrease their risk of contracting COVID-19 and best support their needs in their home or another location during this stressful time. This plan should be added to the Stage 1 Plans (Individual Reference Information Sheet & Care Plan for Coronavirus Infection (COVID-19) and/or Personal COVID-19 Emergency Plan) - Stage 1 planning documents previously completed.

Stage 2 Personal Plan Parameters for Everyone

- **Non-Essential Travel** - People receiving services will not be supported to participate in non-essential travel/vacations.
- **Going for a Drive** - People should minimize the amount of unnecessary travel to minimize the risk of accidents and hospital visits.
- **Groups in an Indoor Space** - No more than six (6) people total (employees and persons supported) in a community space where physical distancing is possible.
- **Groups in an Outdoor Space** - No more than six (6) people total (employees and persons supported) in an outdoor space where maintaining physical distancing is possible.
- **Vehicle Use** - One (1) person per row on a diagonal, wearing masks. See vehicle guidelines.
- **Masks** - Where physical distancing is not possible or unpredictable, people will be encouraged to wear masks. See mask use requirements.

Activities to Consider in Development of Personal Plan

- Community Involvement - What involvement in the community does this person miss, what do they want to plan for?
- Activities - What activities does this person want to get back to?
- Work - Do they have a job to get back to? Are they back to work?
- Banking - People need to get back to banking and paying any bills they were unable to during Stage 1 - how often do they need to go to the bank? Contact frequency to be considered.
- Transportation - Person supported transportation, consider getting to and from locations, appointments, and any transit required while in receipt of service. When public transit is used, how will safety be supported and maintained?
- Meals - Particularly community inclusion.
- Shopping / Groceries – These places are difficult at times to physical distance, consider less busy times or continue with on-line shopping – for many this will be the ‘new norm’
- Shopping / Personal - These places are difficult at times to physical distance, consider less busy times.
- Medical and other professional appointments.
- Family visits
- Visits with Friends
- Identifying contact ‘bubble’
- Home Pairing - As a start, depending on risk profiles, each home may pair up with one other home - this is the group of people you will connect with and plan activities together with (outside when at home) and groups of no larger than six (6) (employees and persons supported).
- For any activity physical distancing is still required.

- Communication between Service Providers - Plan for collaboration between agencies when an individual is served by multiple providers. Ensure consistency in support of the individual and sharing of accurate information that guides the provision of service.

Determine the Person's 'Contact Bubble'. Who will they be spending time with? Specify type of contact. (Contact Bubble should be kept to two to six (2 – 6) people and not change)

What activities does the person want to participate in?

What will activities look like?

Duration - how long will the activity last?

Frequency - how often will the activity happen?

What mitigation strategies need to be implemented to increase the safety of each activity?

Identify other considerations that need to be planned for.

*This Personal Plan will be reviewed after two (2) weeks of implementation and then again at one (1) month and as needed thereafter to determine if changes or updates are required.

Resources

ShareVision COVID-19 Training and Resources Manual

<https://aimhi35.sharevision.ca/Manuals/Forms/AllItems.aspx?RootFolder=%2FManuals%2FCovid%2D19%20Manual&FolderCTID=0x0120002DF36F13A518674F82D48A53AE7A0CE4&View={10DA62F4-7D83-4784-BEBC-OFF8B1789D60}>

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- AiMHi Pandemic Plan March 20 & Addendum March 24, 2020;
- Respiratory Infection (RI) Prevention and Control Plan;
- Tracking Sheets - Signs for home;
- Interim Guidance to Social Service Providers for the Prevention and Control of COVID-19 in their facilities;
- Prevention – Hand-washing Cleaning & Disinfecting/Sanitizing - Physical Distancing Self-Isolating Masks;
- Personal Protective Equipment (PPE) - 6 Information Sheet & Care Plan Coronavirus Infection (COVID-19);
- AiMHi Q & A;
- Preventing COVID-19 in the Workplace: Employers, Employees and Essential Service Workers;
- Managing COVID-19 Stress & Anxiety Self-Care - 10 Plain Language Resources for Supporting People and other tools for supporting people;
- AiMHi's Stage 2 COVID-19 Recovery Plan, Risk Assessment and Plan Development documents.

Links to Other Relevant Resources

[BCCDC Interim Guidance to Social Service Providers for the Prevention and Control of COVID-19 in their Facilities](#)

[BC's Restart Plan – Next steps to move BC through the pandemic](#)

[BC Public Health and Safety Guidelines](#)

[Government of Canada – COVID-19 and people with disabilities in Canada](#)

[BC- Key Steps to safely operating your business or organization and reducing COVID-19 transmission](#)

This Stage 2 Recovery plan has been developed with the guidance provided by experts in the field such as the Provincial Health Officer (PHO), BC Centre for Disease Control (BCCDC), WorkSafeBC BC, CLBC and others.