

SMALL CHANGES WORKSHOP

Special Guest Speaker



Felci Vedula

(In Charge Nurse on IMU Internal Medicine Unit UHNBC)

Presentation on “Healthy Snacking” and how to motivate



Healthy Eating Habits

ON TUESDAY 12th JUNE

WHERE: Trinity United Church 3,555 5th Avenue
(Corner of Union Street) Back door, office Entrance

TIME: 3:00 - 4:30pm.

**ALL ARE WELCOME TO THIS
WORKSHOP**